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#### **Our People**

Identity | Well-being | Learning | Business | Community | Economy

"Tangata ako ana i te kāenga, te tūranga ki te marae, tau ana.

A person nurtured in the community contributes strongly to society."

#### **Our Places**

Creative Books | Learning Spaces | Street Art | Sutton's Place | Māori Heritage Park | River Bank Centre

www.10shirleyroad.org.nz/ | www.riseuprichmond.nz/

"He muka harakeke, he whītau tangata.

The harakeke is woven with the human strand – binding people and places together."

International research now shows the importance and impact creativity has on a individual and their well-being, with engagement in arts/crafts being increasingly seen as an effective way to help manage the stresses and strains of this modern digital world. Studies show that for those with mental health issues, from anxiety and depression to neuro-degenerative diseases like dementia, art therapy can profoundly improve lives.

Latest news/articles/research on creativity: www.facebook.com/GetCreativeChristchurch/

#### Q. Why is identity, well-being and learning important for our people?

When we know who we are (identity), what we need to be healthy (well-being), and the importance of a growth mindset (learning), this causes a positive ripple effect in our businesses, communities and economy. Through my research I realised the ideas I had created, had a common theme:

Our well-being improves through learning and creativity, which is part of every person's identity.

- Shirley Centre: inclusive centre, library with learning spaces, available for anyone in the community to use.
- Sutton's Place: arts/crafts community with learning spaces for local/overseas teachers to provide classes/
- workshops/retreats, opportunity to learn about W. A. (Bill) Sutton and his teaching/artworks and house/garden. Māori Heritage Park: indoor/outdoor learning spaces for Māori architecture/arts/crafts, opportunities to learn
- about the Māori language/culture/stories/legends and Elsie Locke's life, writing & her legacy to Christchurch.
   River Bank Centre: research/design/technology hub with learning spaces to inspire/educate with STEAM,
- opportunity to see startup/innovation businesses and to learn about Richard Bedward Owen and why he was called 'River Bank' Owen.

These centres are based on the link between creativity and well-being, and could address: occupational health, social health, mental health, emotional health, & environmental health, in collaboration with Ministry's (Health, Education, Social Development, Tourism etc.)

"Inā kei te mohio koe ko wai koe, I anga mai koe i hea, kei te mohio koe. Kei te anga atu ki hea. If you know who you are and where you are from, then you will know where you are going."

In Christchurch, we have many different opportunities to 'observe' the arts, but few opportunities to 'participate' in the arts, for our identity, well-being & learning.

We need arts access for all ages and stages of life, for every resident and every visitor to Christchurch.

# Q. Why do we need these types of community centres/libraries/learning facilities in the East? <a href="https://www.riseuprichmond.nz/draft-oarc-regeneration-plan-community-needs/">https://www.riseuprichmond.nz/draft-oarc-regeneration-plan-community-needs/</a> <a href="https://www.getcreativechristchurch.nz/community/">https://www.getcreativechristchurch.nz/community/</a>

- To inspire/educate the children/teenagers living in the East, who now have fewer options for schools, and limited access to continued learning outside of the schools.
- We need to open the eyes of every child in Christchurch to what is possible through learning.
- In the south of Christchurch, children/teenagers see those attending Ara Institute of Canterbury.
- In the west of Christchurch, children/teenagers see those attending the University of Canterbury.
- Learning is part of our Christchurch identity. Our communities are centered around our schools.
- Our education connects us to social networks/employment. We value learning and the places it can take us.

"The MORE that you READ. The more THINGS you will KNOW. The MORE you LEARN. The more PLACES you'll GO!"

Dr. Seuss





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#### https://www.instagram.com/p/BuEkwd9HrJp/?igshid=2crd5n7s87kd, @holisticallygrace

#### The Health Iceberg

What We Focus On: Physical Health (diet & exercise).

What We Ignore: Occupational Health, Social Health, Mental Health, Environmental Health, Spiritual Health, & Emotional Health.

 $\underline{\text{http://health.tki.org.nz/Teaching-in-HPE/Health-and-PE-in-the-NZC/Health-and-PE-in-the-NZC-1999/Underlying-concepts/Well-being-hauora}$ 

"The concept of well-being encompasses the physical, mental and emotional, social, and spiritual dimensions of health. This concept is recognised by the World Health Organisation.

Hauora is a Māori philosophy of health unique to New Zealand. It comprises taha tinana, taha hinengaro, taha whanau, and taha wairua.

#### Taha tinana - Physical well-being

the physical body, its growth, development, and ability to move, and ways of caring for it

#### Taha hinengaro - Mental and emotional well-being

coherent thinking processes, acknowledging and expressing thoughts and feelings and responding constructively **Taha whanau - Social well-being** 

family relationships, friendships, and other interpersonal relationships; feelings of belonging, compassion, and caring; and social support

#### Taha wairua - Spiritual well-being

the values and beliefs that determine the way people live, the search for meaning and purpose in life, and personal identity and self-awareness (For some individuals and communities, spiritual well- being is linked to a particular religion; for others, it is not.)

Each of these four dimensions of hauora influences and supports the others. Dr Mason Durie's whare tapawha model compares hauora to the four walls of a whare, each wall representing a different dimension: taha wairua (the spiritual side); taha hinengaro (thoughts and feelings); taha tinana (the physical side); and taha whanau (family). All four dimensions are necessary for strength and symmetry. (Adapted from Mason Durie's Whaiora: Māori Health Development. Auckland: Oxford University Press, 1994, page 70)."

#### https://www.mentalhealth.org.nz/home/ways-to-wellbeing/

"They were created as a result of the New Economics Foundation's (NEF) Foresight Project on Mental Capital and Wellbeing research report. NEF conducted a review of the most up-to-date evidence and found that building five actions into day to day lives is important for the wellbeing of individuals, families, communities & organisations. The five actions are:

#### - Connect, me whakawhanaunga

Talk and listen – me kõrero, me whakarongo, be there – me whakawātea i a koe, feel connected – me rongo i te whanaungatanga.

#### - Give, tukua

Your time – te wā ki a koe, your words – ō kupu, your presence – ko koe tonu.

#### - Take notice, me aro tonu

Remember the simple things that give you joy – me aro tonu ki ngā mea māmā noa i ngākau harikoa ai koe.

#### - Keep learning, me ako tonu

Embrace new experiences – awhitia te wheako hou, see opportunities – kimihia ngā ara hou, surprise yourself – me ohorere koe i a koe anō.

### - Be active, me kori tonu

Do what you can – whāia te mea ka taea e koe, enjoy what you do – kia pārekareka tāu i whai ai, move your mood – kia pai ake ō piropiro.

#### https://www.nextavenue.org/arts-based-communities/

- "Putting art at the heart of a community enhances our lives by stirring hard-to-articulate feelings and inspiring us to look beyond what we believe to be possible and imagine a more vibrant, exciting future. It also reminds us that we're all creative beings and that whether we're making art or music, telling stories or cathartically sharing in the experience, we're all connected."
- "But why we ultimately need art is because the arts do something that nothing else does, which is drive more stable communities and build community attachment and social cohesion and civic engagement."

# $\underline{https://www.lgnz.co.nz/news-and-media/2019-media-releases/reinstated-well-beings-endorse-councils-community-focus/$

"Local Government New Zealand is delighted to see the Local Government (Community Well-being) Amendment Bill pass its third and final reading in Parliament last night, effectively reinstating the four aspects of community well-being – social, economic, environmental and cultural – into the Local Government Act.

It is a significant show of support from the Coalition Government for the on-going work of councils to lift the well-being of their communities.

'The reinstatement of the four well-beings is formal recognition that councils have a significant role to play in lifting the quality of life of our people, and the health of our environment,' says LGNZ President Dave Cull."

- Te Ora Auaha: Creative Wellbeing Alliance Aotearoa https://creativewellbeingnz.org/





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- Our People: Māori Heritage?, First Four Ships?, Early Residents of Chch?, Local Heroes?, Employed vs Unemployed?, Children/Young Adults? Adults? Careers? Jobs? Retired?, Immigrants/'New' New Zealanders?
- Where are our arts/creatives "heroes"? Who do our children look up to/be inspired by?
- https://www.riseuprichmond.nz/draft-oarc-regeneration-plan-tell-our-stories/
- What 'lies' do we need to reframe, regarding life as an artist/creative living in Christchurch/NZ? Artists living in NZ starve, creativity is a waste of time, not creative can't draw/paint, no tertiary training/self taught can't succeed etc.

#### Well-being | https://www.getcreativechristchurch.nz/well-being/

- Our People: "waiting/fighting: assessments/packing/relocation/repairs/pay outs/rebuild/disagreements/courts", "isolated", "lack of identity", "concerns over residents social isolation/well-being", Pegasus Stats (Anxiety/Depression/PTSD/Chronic Pain/Addictions/Suicide), Mental Health Stats (Referrals/Waiting Lists/Appointments/Sectioned), Police Stats (Call outs/Arrests/Investigations), Corrections NZ Stats (Prisoners/Families Affected/Home Detention/Community Detention/Probation), Housing NZ Stats (Waiting Lists/Wanting Relocation/Issues with Neighbours/Community), Support Services Stats (Referrals/Waiting Lists/Appointments).

#### **Learning** | https://www.getcreativechristchurch.nz/learning/

- Our People: social connections ("what school did you go to?", "do you know blank/name?", "old boys club"), social network, career/job opportunities.
- https://www.getcreativechristchurch.nz/think-christchurch-with-hila-oren/
- Arts/Creativity in primary schools, set curriculum in intermediate schools, choose subject in secondary schools.
- Where can our children go to explore different arts? After School? Holiday Programmes? Community Education?
- Career Advise/Planning: linking strengths in arts/creativity with different career options available.
- Tertiary Education: what subjects do you need to take in secondary school to apply for different tertiary courses?
- Help with portfolio development, network for work experience, SkillsShare opportunities, mentoring.
- 'Creative in Schools' Well-being Budget.
- Create a 'how to teach' class/course, for those artists/creatives wanting to share their skills with others, another income stream, venue: local library learning spaces.

#### Business | https://www.getcreativechristchurch.nz/business/

- Career Roadmap: how different jobs give you different/more skills, stepping stones to where you want to go, how to move up the different levels/ladder in the arts/crafts industry in Christchurch/NZ/Overseas.
- 'Hobby to Business' help/support/courses/networks.
- Social Media for Arts/Creatives, Websites for Arts/Creatives, Technology for Arts/Creatives.
- Success for self employed Arts/Creatives: multiple income streams, passive income, part time/full time job.
- More arts & crafts co-ops/markets, with directory/contact details/Facebook events calendar.
- WorkSafe <a href="https://worksafe.govt.nz/">https://worksafe.govt.nz/</a>, Education on Well-being: Occupational Health & Mental Health, RSI/OOS risks, CRPS/Chronic Pain risks.
- Professional Development: seminars/events/courses/networks.
- Funding: funding opportunities, funding applications, what you need to apply.

### Community | https://www.getcreativechristchurch.nz/community/

- Christchurch Prisons: Arts & Crafts/Well-being opportunities for prisoners.
- Probation Services: Link prisoner with arts/creativity opportunities to help reintegrate back in to the community.
- RAW (Reclaim Another Woman) https://www.raw.org.nz/ Waikato University paper in entrepreneurship.
- Burwood Hospital Pain Management Clinic: only clinic in South Island, link between creativity and pain, opportunity to develop resources/course for patients living with chronic pain for their well-being.
- WINZ: career advise/planning, support to become self employed, Art Business course?, Small Business course?
- Arts Therapy: training options, practitioners, venue, Art Therapist at Christchurch Art Gallery Te Puna o Waiwhetu?
- Arts on Prescription: workshops for people experiencing depression, anxiety and/or other mental health problems.
- Aged Care: opportunities for arts/creativity, for well-being (physical/mental/social health) in the community/retirement villages.
- Arts/Creatives Facebook Groups & Events.
- Funding: through local Community Board, Christchurch Creative Communities Scheme.

## **Economy** | https://www.getcreativechristchurch.nz/economy/

- https://www.riseuprichmond.nz/draft-oarc-regeneration-plan-visitor-experience/
- https://www.christchurchnz.com/what-to-see-and-do/arts-and-culture/

'Observe': Christchurch Art Gallery Te Puna o Waiwhetu, The Arts Centre, The Court Theatre, The Canterbury Museum, Isaac Theatre Royal, Christchurch Symphony Orchestra, The Piano, Art Galleries, Street Art, SCAPE Public Art, FESTA. How can we bring some interactive arts & crafts opportunities into these spaces?

- https://www.christchurchnz.com/christchurch/arts-and-culture/get-creative-in-christchurch/
- 'Participate': 'Go Potty Ceramic Studio' has closed. Beads Unlimited & Paint 'N' Sip Studio.
- Where are all the other arts & crafts opportunities for residents/visitors to 'participate' in Christchurch?
- Arts/Creatives Directory: contact details with Facebook events calendar.
- Venues Directory: different size venues, catering for 'observe' and/or 'participate' arts/creativity opportunities, teachers within Christchurch/NZ or from overseas, venues for: classes/seminars/workshops/retreats, Facebook Events, opportunities to bring overseas artists/creatives to Christchurch to teach.
- Where can visitors to Christchurch go to purchase handcrafted souvenirs to take back home?





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- Need to invest in more arts/crafts, creativity, well-being books for our local libraries.
- Books allow anyone with limited resources/money/time to be inspired/observe/participate in arts/creativity.
- Need books on self-care for artists/creatives, interior colour scheme affects well-being, studio setup/organization, technology for artists/creatives, social media for artists/creatives, career development for artists/creatives.
- Creative Life: Steal Like An Artist by Austin Kleon, Big Magic by Elizabeth Gilbert, The Complete Artist's Way by Julia Cameron, Real Artists Don't Starve by Jeff Goins.
- Creative Thinking: Ideas Are Your Only Currency by Rod Judkins, Change Your Mind by Rod Judkins, Design is Storytelling by Ellen Lupton.
- Well-being: Craftfulness by Rosemary Davidson & Arzu Tahsin, Be Happy by Dr Rebecca Ray, Joyful by Ingrid Fetell Lee, The Arts Apothecary by Jill Rivers.
- Inspiration: The Artist's Library bu Laura Damon-Moore & Erinn Batykefer, Creative Workshop by David Sherwin, The Crafter's Devotional by Barbara R Call.
- Career: Creative You by David B Goldstein & Otto Kroeger, Reading People by Anne Bogel, Do What You Are by Paul D Tieger, Designing Your Life by William Burnett.
- Business: The Right-Brain Business Plan by Jennifer Lee, I Just Like To Make Things by Lilla Rogers, How To Style Your Brand by Fiona Humberstone, Blogging for Creatives by Robin Houghton.
- Marketing: Making & Marketing a Succesful Art & Craft Business by Fiona Pullen, The Savvy Crafter's Guide To Success by Sandra McCall, How To Show & Sell Your Crafts by Torie Jayne, Packaging Your Crafts by Viola E Sutanto.
- Placemaking: The Creative Community Builder's Handbook by Tom Borrup.

#### **Learning Spaces** | https://www.getcreativechristchurch.nz/learning-spaces/

- "Christchurch already has far more park land, sport fields and playgrounds (local parks) per person than the national median and more than other major metropolitan cities in NZ." (<a href="https://engage.regeneratechristchurch.nz/30274/documents/64943/download">https://engage.regeneratechristchurch.nz/30274/documents/64943/download</a>, Page 36) The gaps in our communities are not related to physical health opportunities. The gaps that the Council (in partnership with Ministry's) can help with are: occupational health, social health, mental health, emotional health, and environmental health.
- 'The Library as a Third Place' is the link between creativity and our identity, well-being and learning. As artists/ creatives tend to work in isolation and from home, we need more opportunities to go out and be in social spaces.
- Most local libraries have dedicated learning spaces, many are under utilized, could be used as venues for: Maker Spaces, STEAM activities, Skills Share groups, Facebook groups meetup, Resident initiated groups, opportunity for artists/creatives to share with the community, networking events, Ministry of Awesome Coffee & Jam sessions.
- Our learning doesn't stop at our school/polytech/university gates. We need to provide more opportunities to observe/participate in arts/creativity, in our communities through our libraries and community centres.
- We need to "Get Creative" in the ways we include these groups of people in our community, so that they feel included and not excluded: WINZ beneficiaries, Housing NZ tenants, Probation Services, 'New' New Zealanders, those living with Chronic Pain, Disabilities, Mental Health & Addictions.
- -We have an aging population, when you retire your 'working' life may be over, but you have a wealth of work/life experience that you could share with others in the community through Skills Share at your local library/community centre, which could improve your well-being (Occupational Health, Social Health, Mental Health, Emotional Health).
- I've attended events and been inspired as I listened to overseas guest speakers:

Hila Oren (<a href="https://www.10shirleyroad.org.nz/think-christchurch-with-hila-oren/">https://www.10shirleyroad.org.nz/think-christchurch-with-hila-oren/</a>), Ethan Kent (<a href="https://www.pps.org/">https://www.pps.org/</a>) people/ekent) and MK Haley (<a href="https://la.disneyresearch.com/people/mk-haley/">https://la.disneyresearch.com/people/mk-haley/</a>).

- Spektrum Arkitektur (<a href="https://spektrumarkitekter.com/">https://spektrumarkitekter.com/</a>) Workshop at Ara Institute, "Community Participation in City Making", listened to Joan & Sofie share about how they research and design projects for the community, amazing amount of thought and details go into their designs.
- We need more opportunities to hear from artists/creatives from around NZ/Overseas, helps to give us a different perspective & inspire us in our creative journey.

#### **Street Art** | https://www.getcreativechristchurch.nz/street-art/

- Street Art is our modern day visual postcard. 'Wish You Were Here?' photos are posted on social media. Selfies in front of Street Art from around the world, can be found throughout the internet.
- In Christchurch, Street Art has become our "new" landmarks. We have lost a lot of "iconic" buildings that were our landmarks, in Christchurch since the earthquakes. We knew our location and where we were in our suburbs, thanks to these landmarks, improve connection to identity/well-being.
- What a difference it would make to Christchurch's streetscape, if the blank shop walls facing the street, told a different part of our history/heritage, brightening up the visual landscape of the suburb.
- Our Street Art would become interactive 'Instagrammable' photo opportunities for not only the locals, but also our Christchurch visitors to the area and tourists.
- Create a Street Art Competition "Watch This Space", a wall/hoarding in prime locations in local community, with link to CCC Arts website showing Street Art entries, residents/visitors participation through voting via social media, engagement opportunities for youth/emerging local artists/arts community in Christchurch.
- Invite more local artists/NZ/Overseas to participate in events, time-lapse videos saved/upload to CCC Arts website.
- Create an online/interactive/map for Street Art in Christchurch on CCC Arts website.
- "Seeing the street art of Christchurch can be an emotional experience. This fractured urban landscape has spurred responses...first from guerilla scrawlers who would sneak past the barricades of the Red Zone, then in the form of commissioned murals as local officials cottoned on to the healing powers of art." (<a href="https://www.hostelworld.com/blog/street-art-graffiti/">https://www.hostelworld.com/blog/street-art-graffiti/</a>) "The 13 Best Cities in the World to see Jaw-Dropping Street Art"





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- Our People, Our Places:

#### William A. Sutton (Artist, Painter, Craftsman, Teacher)

https://en.wikipedia.org/wiki/Bill Sutton (artist)

- "built a house in Templar Street in the Christchurch suburb of Richmond."
- "ensures that future generations of artists will be able to visit the studio where Sutton worked and created some of his most well-known art works."
- "able to secure the future of such a culturally important property and to know that Bill Sutton's legacy will live on in Richmond".
- "Until his retirement in 1992, he painted most of his works there."
- "Bill Sutton was commemorated as one of the Twelve Local Heroes, and a bronze bust of him was unveiled outside the Christchurch Arts Centre."
- https://my.christchurchcitylibraries.com/william-sutton/
- https://christchurch.bibliocommons.com/item/show/591338037
- https://christchurch.bibliocommons.com/item/show/634486037
- OARC Regeneration Plan Idea by Joanna Gould: https://www.riseuprichmond.nz/suttons-place/
- Where is our Arts/Crafts community? Do we have any Artist-in-residence opportunities in Christchurch?
- How do you sell your art? Online? Art Galleries?
- How do you sell you crafts? Community Markets, Pay It Forward, Encraftment Market, Arts Centre, Online?
- We have plenty of courses training people, but where do they go for support/learning/community after they finish their course?
- Where are the opportunities for emerging & established artists/craftspeople to sell their products in Christchurch?
- Interactive Learning Experience: showcasing Sutton's life, art, creativity & his legacy to Christchurch.
- Living/Studio spaces for Artist-in-residence program.
- Learning spaces: day/night classes for arts & crafts, art business classes (identity, finances, packaging, marketing).
- Eco-friendly cafe/gallery/shop/information centre.
- Outdoor natural wood easels for painting, picnic tables and park benches along River Road in front of the river.
- Landscape design that creates a "picture" you want to capture, with whatever medium you like to use as an artist.
- Outdoor natural wood picture frames, that frame a view, and/or create an opportunity to take a selfie or group photo, to share on social media.
- Sutton's Garden for Outdoor Teaching, Art/Sculpture Park, Arts/Crafts Market, Outdoor Arts Related Events, set in a beautiful garden setting over looking the Avon River, for all types of artists to come and be a part of Sutton's legacy.

#### River Bank Centre | https://www.getcreativechristchurch.nz/river-bank-centre/

- Our People, Our Places:

# Richard Bedward Owen ("River Bank" Owen, Businessman, Conservationist, Philanthropist, "a man of great vision")

- $\underline{\text{http://christchurchcitylibraries.com/Heritage/Publications/RichManPoorMan/RichardBedwardOwen/} \\$
- "Richard established the River Improvement Fund."
- "developing in his mind a plan 'to take in hand the river and make up for past neglect."
- "In a ceremony on 1 September 1929, politicians local and national planted 53 lime trees on the north bank between the Swanns Road bridge and Medway Street. Today the river reserves and the mature trees which overlook the water form mute testament to Richard and his navvies."
- https://christchurch.bibliocommons.com/item/show/276787037
- http://christchurchcitylibraries.com/Heritage/Publications/RichManPoorMan/
- OARC Regeneration Plan Idea by Joanna Gould: <a href="https://www.riseuprichmond.nz/river-bank-centre/">https://www.riseuprichmond.nz/river-bank-centre/</a>
- Where can we see our thinkers, tinkerers, inventors, innovators, explorers, inventors in Christchurch?
- Where can we go to be inspired and find out more about Ernest Rutherford, John Britten etc?
- We have EPIC Innovation & Ministry of Awesome in town for new innovation startups, but where can children go to be inspired and have their eyes open to the possibilities and opportunities available to them as they grow up?
- Why isn't our 'child-focused educational facility' science centre (Science Alive) where our children are?
- Interactive Learning Experience: Research/Design/Technology hub with learning spaces to inspire/educate with STEAM, opportunity to see startup/innovation businesses and to learn about <u>Richard Bedward Owen</u> and why he was called 'River Bank' Owen.
- The River Bank Centre could include: Studios, Learning Spaces, Exhibition Spaces, STEAM Businesses, Day/Night Classes, KidsFest Program etc.

Think: Science Alive, Weta Digital, Imagination Station, Code Club Aotearoa, The Mind Lab, Ministry of Awesome, Callaghan Innovation, Interactive Exhibition Specialists (IES), Nigel Ogle's Tawhiti Museum, Hawera etc.

- Why not reuse/recycle/repurpose this great educational resource (Avonside Girls) as a place for Research, Design & Technology, using Technology to create Digital Story Telling, to anchor our stories to the land where we remember our 'identity, sense of place and history of the Christchurch'.
- "We need to think about what technologies are available for us to record these histories and to keep retelling them into the future. We also need to think about how to anchor those stories to the place. In the Red Zone, we can see a number of established trees and plantings, these would be connected to people's home, to businesses, to life in this area...to ensure the stories remain connected to the place, and then the people remain connected to the place."

  Dr Christine Whybrew, Heritage New Zealand (https://www.riseuprichmond.nz/red-zone-futures-heritage-dr-christine-whybrew-from-heritage-new-zealand/)





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#### Māori Heritage Park | https://www.getcreativechristchurch.nz/maori-heritage-park/

- Our People, Our Places:

#### Elsie Locke (Writer, Historian, Activist)

https://en.wikipedia.org/wiki/Elsie Locke

- "Unusually for a Pākehā of her generation, she developed a close relationship with the local iwi in Waiuku, Ngāti Te Ata, and her later research proved vital to their Treaty of Waitangi claim."
- "Locke was probably best known as a children's writer."
- "Locke realised her lack of knowledge about Māori language, culture, history, and spirituality. This led her to study the language, and incorporate biculturalism as a central feature of her writing long before it was fashionable to do so."
- "Along with Rod Donald, Locke was active in the founding of the Avon Loop Planning Association (ALPA) and in the ongoing development of community in the historic Avon Loop residential area in central Christchurch."
- "The Elsie Locke Park was located on Oxford Terrace in front of the Centennial Pool, but was removed after the 2011 Christchurch earthquake to make way for the Margaret Mahy Playground."
- "Locke was commemorated as one of the Twelve Local Heroes, and a bronze bust of her was unveiled outside the Christchurch Arts Centre."
- https://my.christchurchcitylibraries.com/elsie-locke/
- "lived in the same cottage in the Avon Loop for over 40 years."
- "Locke was also a key figure in the restoration, with native plants, of the banks of the Avon as it flowed through the Avon Loop."
- http://www.elsielocketrust.org.nz/
- OARC Regeneration Plan Idea by Joanna Gould: https://www.riseuprichmond.nz/retreat-road-park/
- Christchurch has <u>Ferrymead Heritage Park</u>, but we don't have a Heritage Park for our Māori history/heritage, showcasing Maori Design and Arts & Crafts.
- More New Zealanders and tourists want to learn everything Māori. Where can they go in Christchurch to learn and experience our Māori heritage/culture?
- How do we keep our Māori heritage/culture alive? Previously overseas, people have associated Māori with the haka & 'Once Were Warriors'.
- How are we now sharing with the world our Māori "voice": identity, genealogy, hospitality, storytelling, legends, language, food, music, arts, architecture, etc?
- Interactive Learning Experience: showcasing Locke's life, writing, creativity & her legacy to Christchurch.
- Indoor/Outdoor learning spaces for Māori architecture/arts/crafts, opportunities to learn about Māori language/culture/stories/legends.
- Connecting writing (Elsie Locke) with storytelling (Māori culture/legends).
- "Peter Gossage was the storyteller and illustrator of more than 20 books for children. His powerful retelling of Māori myths and legends have captivated the children of New Zealand for generations."

(https://www.penguin.co.nz/authors/peter-gossage)

As a child in Whanganui, I grew up reading Peter Gossage's Penguin books. They encouraged me to read and inspired me to create art (Won my first art award: 16th International Children's Art Exhibition 1986 Copper Award) based on the "Battle of the Mountains", Gossage's classic retelling of the Maori myth of how Mt Taranaki, Mt Tauhara and Mt Putauaki came to stand where they are today. (https://www.penguin.co.nz/books/battle-of-the-mountains-9780143505631).

- Opportunities/space for local Māori artists/creatives like Matapopore (<a href="https://matapopore.co.nz/">https://matapopore.co.nz/</a>) & Ariki Creative (<a href="https://matapopore.co.nz/">https://matapopore.co.nz/</a>) & Ariki Creative (<a href="https://matapopore.co.nz/">https://matapopore.co.nz/</a>)
- "We believe in sharing our skills with the community, using digital technology to help whānau whānaui and rangatahi, as well as leaving a legacy for other aspiring Māori digital creatives to follow should they wish to pursue a career in the digital creative industry.

The overarching vision for Te Ao Hangarau is to host rangatahi at digi-wānanga, funnel those whose interest is ignited into tertiary education pathways, provide internship opportunities for them to grow experience and leverage existing relationships to assist these rangatahi into gainful employment in the digital creative industry."

Hori Mataki, creative lead for Ariki Creative and member of Te Ao Hangarau

(https://www.tpk.govt.nz/en/mo-te-puni-kokiri/our-stories-and-media/helping-rangatahi-get-into-the-digi-creative-space)

- Opportunities to mentor/Skills Share/connect Māori people with another social space in the community, apart from their local maraes.
- Went to Awareness Submission Writing Workshop at MHERC, 50% Maori with mental health/addiction issues, need to focus on well-being, disconnect from marae/heritage/culture, need to make info/support easier to access.
- Rehabilitation/support program for ex prisoners, people experiencing addiction, depression, anxiety and/or other mental health problems, using arts/creativity to improve well-being.
- "Take a moment to think about a crucial part of who you are. For example, I am Scottish, and that is a very important part of me. Now think about whether other people accept that part of you. Perhaps you feel a disconnection between how much you accept yourself and how much others seem to accept you. If you feel like others don't accept you for that part of your identity, this could impact on your mental health.

  As human beings, we have a natural desire to be accepted and to belong."

(https://theconversation.com/autistic-people-arent-really-accepted-and-its-impacting-their-mental-health-86817)





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